

SweetWARE

Raw Item Report

12:05 PM 8/21/2018
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| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|-----------|----------|
| Acerola Juice, Raw | Something | Fry | 100.0% |
| Agave, Raw (Southwest) | Agave, Cooked (Southwest) | Boil | 52.5% |
| Agave, Raw (Southwest) | Spinach Souffle | Fry | 0.0% |
| Agave, Raw (Southwest) | Spinach, Cooked, Boiled, Drained, With Salt | Fry | 0.0% |
| Amaranth Leaves, Cooked, Boiled, Drained, Without Salt | Amaranth Grain, Uncooked | Boil | 100.0% |
| Apples, Dehydrated (Low Moisture), Sulfured, Stewed | Apples, Dehydrated (Low Moisture), Sulfured, Uncooked | Stew | 100.0% |
| Apples, Dried, Sulfured, Stewed, With Added Sugar | Apples, Dried, Sulfured, Uncooked | Stew | 100.0% |
| Apples, Dried, Sulfured, Stewed, Without Added Sugar | Apples, Dried, Sulfured, Uncooked | Stew | 100.0% |
| Apples, Raw, Without Skin, Cooked, Boiled | Apples, Raw, With Skin | Boil | 9900.0% |
| Apples, Raw, Without Skin, Cooked, Boiled | Apples, Raw, Without Skin | Boil | 100.0% |
| Apples, Raw, Without Skin, Cooked, Microwave | Apples, Raw, Without Skin | Microwave | 100.0% |
| Applesauce, Canned, Sweetened, With Salt | Apples, Raw, Without Skin | Broil | 10800.0% |
| Applesauce, Canned, Unsweetened, With Added Ascorbic Acid | Apples, Raw, Without Skin | Parboil | 9800.0% |
| Apricots, Dehydrated (Low-Moisture), Sulfured, Stewed | Apricots, Dehydrated (Low-Moisture), Sulfured, Uncooked | Stew | 100.0% |
| Apricots, Dried, Sulfured, Stewed, With Added Sugar | Apricots, Dried, Sulfured, Uncooked | Stew | 100.0% |
| Apricots, Dried, Sulfured, Stewed, Without Added Sugar | Apricots, Dried, Sulfured, Uncooked | Stew | 100.0% |
| Arrowhead, Cooked, Boiled, Drained, Without Salt | Arrowhead, Raw | Boil | 100.0% |

| <u>Cooked Item Description</u> | <u>Raw Item Description</u> | <u>Process</u> | <u>Yield</u> |
|---|---|----------------|--------------|
| Artichokes, (Globe Or French), Cooked, Boiled, Drained, Without Salt | Artichokes, (Globe Or French), Raw | Boil | 100.0% |
| Artichokes, (Globe Or French), Frozen, Cooked, Boiled, Drained, Without Salt | Artichokes, (Globe Or French), Frozen, Unprepared | Boil | 100.0% |
| Asparagus, Cooked, Boiled, Drained | Asparagus, Raw | Boil | 100.0% |
| Asparagus, Frozen, Cooked, Boiled, Drained, Without Salt | Asparagus, Frozen, Unprepared | Boil | 100.0% |
| Balsam-Pear (Bitter Gourd), Leafy Tips, Cooked, Boiled, Drained, Without Salt | Balsam-Pear (Bitter Gourd), Leafy Tips, Raw | Boil | 100.0% |
| Balsam-Pear (Bitter Gourd), Pods, Cooked, Boiled, Drained, Without Salt | Balsam-Pear (Bitter Gourd), Pods, Raw | Boil | 100.0% |
| Bamboo Shoots, Cooked, Boiled, Drained, Without Salt | Bamboo Shoots, Raw | Boil | 100.0% |
| Beans, Adzuki, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Adzuki, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Black Turtle, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Black Turtle, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Black, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Black, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Cranberry (Roman), Mature Seeds, Cooked, Boiled, Without Salt | Beans, Cranberry (Roman), Mature Seeds, Raw | Boil | 100.0% |
| Beans, French, Mature Seeds, Cooked, Boiled, Without Salt | Beans, French, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Great Northern, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Great Northern, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Kidney, All Types, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Kidney, All Types, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Kidney, California Red, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Kidney, California Red, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Kidney, Mature Seeds, Sprouted, Cooked, Boiled, Drained, Without Salt | Beans, Kidney, Mature Seeds, Sprouted, Raw | Boil | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|--------|
| Beans, Kidney, Red, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Kidney, Red, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Kidney, Royal Red, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Kidney, Royal Red, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Navy, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Navy, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Navy, Mature Seeds, Sprouted, Cooked, Boiled, Drained, Without Salt | Beans, Navy, Mature Seeds, Sprouted, Raw | Boil | 100.0% |
| Beans, Pink, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Pink, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Pinto, Immature Seeds, Frozen, Cooked, Boiled, Drained, Without Salt | Beans, Pinto, Immature Seeds, Frozen, Unprepared | Boil | 100.0% |
| Beans, Pinto, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Pinto, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Pinto, Mature Seeds, Sprouted, Cooked, Boiled, Drained, Without Salt | Beans, Pinto, Mature Seeds, Sprouted, Raw | Boil | 100.0% |
| Beans, Small White, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Small White, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Snap, Green, Cooked, Boiled, Drained, Without Salt | Beans, Snap, Green, Raw | Boil | 100.0% |
| Beans, Snap, Green, Frozen, Cooked, Boiled, Drained Without Salt | Beans, Snap, Green, Frozen, All Styles, Unprepared | Boil | 100.0% |
| Beans, Snap, Yellow, Cooked, Boiled, Drained, Without Salt | Beans, Snap, Yellow, Raw | Boil | 100.0% |
| Beans, Snap, Yellow, Frozen, Cooked, Boiled, Drained, Without Salt | Beans, Snap, Yellow, Frozen, All Styles, Unprepared | Boil | 100.0% |
| Beans, White, Mature Seeds, Cooked, Boiled, Without Salt | Beans, White, Mature Seeds, Raw | Boil | 100.0% |
| Beans, Yellow, Mature Seeds, Cooked, Boiled, Without Salt | Beans, Yellow, Mature Seeds, Raw | Boil | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|--------|
| Beef, Chuck Eye Steak, Boneless, Separable Lean And Fat, Trimmed To 0" Fat, Choice, Cooked, Grilled | Beef, Chuck Eye Steak, Boneless, Separable Lean And Fat, Trimmed To 0" Fat, Choice, Raw | Grill | 0.0% |
| Beef, Flank, Steak, Separable Lean And Fat, Trimmed To 0" Fat, Choice, Cooked, Broiled | Beef, Flank, Steak, Separable Lean And Fat, Trimmed To 0" Fat, Choice, Raw | Broil | 100.0% |
| Beef, Rib, Eye, Small End (Ribs 10-12), Separable Lean Only, Trimmed To 0" Fat, Choice, Cooked, Broiled | Beef, Rib, Eye, Small End (Ribs 10-12), Separable Lean Only, Trimmed To 0" Fat, Choice, Raw | Broil | 100.0% |
| Beef, Rib, Shortribs, Separable Lean And Fat, Choice, Cooked, Braised | Beef, Rib, Shortribs, Separable Lean And Fat, Choice, Raw | Braise | 100.0% |
| Beef, Rib, Shortribs, Separable Lean Only, Choice, Cooked, Braised | Beef, Rib, Shortribs, Separable Lean Only, Choice, Raw | Braise | 100.0% |
| Beef, Top Sirloin, Steak, Separable Lean And Fat, Trimmed To 0" Fat, Select, Cooked, Broiled | Beef, Bottom Sirloin, Tri-Tip Roast, Separable Lean And Fat, Trimmed To 0" Fat, Select, Raw | Broil | 0.0% |
| Beef, Variety Meats And By-Products, Brain, Cooked, Simmered | Beef, Variety Meats And By-Products, Brain, Raw | Simmer | 100.0% |
| Beef, Variety Meats And By-Products, Heart, Cooked, Simmered | Beef, Variety Meats And By-Products, Heart, Raw | Simmer | 100.0% |
| Beef, Variety Meats And By-Products, Kidneys, Cooked, Simmered | Beef, Variety Meats And By-Products, Kidneys, Raw | Simmer | 100.0% |
| Beef, Variety Meats And By-Products, Liver, Cooked, Braised | Beef, Variety Meats And By-Products, Liver, Raw | Braise | 100.0% |
| Beef, Variety Meats And By-Products, Lungs, Cooked, Braised | Beef, Variety Meats And By-Products, Lungs, Raw | Braise | 100.0% |
| Beef, Variety Meats And By-Products, Pancreas, Cooked, Braised | Beef, Variety Meats And By-Products, Pancreas, Raw | Braise | 100.0% |
| Beef, Variety Meats And By-Products, Spleen, Cooked, Braised | Beef, Variety Meats And By-Products, Spleen, Raw | Braise | 100.0% |
| Beef, Variety Meats And By-Products, Thymus, Cooked, Braised | Beef, Variety Meats And By-Products, Thymus, Raw | Braise | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
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| Beef, Variety Meats And By-Products, Tongue, Cooked, Simmered | Beef, Variety Meats And By-Products, Tongue, Raw | Simmer | 100.0% |
| Beet Greens, Cooked, Boiled, Drained, Without Salt | Beet Greens, Raw | Boil | 100.0% |
| Borage, Cooked, Boiled, Drained, Without Salt | Borage, Raw | Boil | 100.0% |
| Broadbeans (Fava Beans), Mature Seeds, Cooked, Boiled, Without Salt | Broadbeans (Fava Beans), Mature Seeds, Raw | Boil | 100.0% |
| Broadbeans, Immature Seeds, Cooked, Boiled, Drained, Without Salt | Broadbeans, Immature Seeds, Raw | Boil | 100.0% |
| Broccoli, Cooked, Boiled, Drained, Without Salt | Broccoli, Raw | Boil | 100.0% |
| Broccoli, Frozen, Chopped, Cooked, Boiled, Drained, Without Salt | Broccoli, Frozen, Chopped, Unprepared | Boil | 100.0% |
| Broccoli, Frozen, Spears, Cooked, Boiled, Drained, Without Salt | Broccoli, Frozen, Spears, Unprepared | Boil | 100.0% |
| Brussels Sprouts, Cooked, Boiled, Drained, Without Salt | Brussels Sprouts, Raw | Boil | 100.0% |
| Brussels Sprouts, Frozen, Cooked, Boiled, Drained, Without Salt | Brussels Sprouts, Frozen, Unprepared | Boil | 100.0% |
| Burdock Root, Cooked, Boiled, Drained, Without Salt | Burdock Root, Raw | Boil | 100.0% |
| Butterbur, Cooked, Boiled, Drained, Without Salt | Butterbur, (Fuki), Raw | Boil | 100.0% |
| Cabbage, Chinese (Pak-Choi), Cooked, Boiled, Drained, Without Salt | Cabbage, Chinese (Pak-Choi), Raw | Boil | 100.0% |
| Cabbage, Chinese (Pe-Tsai), Cooked, Boiled, Drained, Without Salt | Cabbage, Chinese (Pe-Tsai), Raw | Boil | 100.0% |
| Cabbage, Red, Cooked, Boiled, Drained, Without Salt | Cabbage, Red, Raw | Boil | 100.0% |
| Cabbage, Savoy, Cooked, Boiled, Drained, Without Salt | Cabbage, Savoy, Raw | Boil | 100.0% |

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| Cardoon, Cooked, Boiled, Drained, Without Salt | Cardoon, Raw | Boil | 100.0% |
| Carrots, Cooked, Boiled, Drained, Without Salt | Carrots, Raw | Boil | 100.0% |
| Carrots, Frozen, Cooked, Boiled, Drained, Without Salt | Carrots, Frozen, Unprepared | Boil | 100.0% |
| Cauliflower, Cooked, Boiled, Drained, Without Salt | Cauliflower, Raw | Boil | 100.0% |
| Cauliflower, Frozen, Cooked, Boiled, Drained, Without Salt | Cauliflower, Frozen, Unprepared | Boil | 100.0% |
| Celeriac, Cooked, Boiled, Drained, Without Salt | Celeriac, Raw | Boil | 100.0% |
| Celery, Cooked, Boiled, Drained, Without Salt | Celery, Raw | Boil | 100.0% |
| Chard, Swiss, Cooked, Boiled, Drained, Without Salt | Chard, Swiss, Raw | Boil | 100.0% |
| Chayote, Fruit, Cooked, Boiled, Drained, Without Salt | Chayote, Fruit, Raw | Boil | 100.0% |
| Chicken, Broilers Or Fryers, Back, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Back, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Back, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Back, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Back, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Back, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Back, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Back, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Back, Meat Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Back, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Back, Meat Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Back, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Breast, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Breast, Meat And Skin, Raw | Fry | 100.0% |

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| Chicken, Broilers Or Fryers, Breast, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Breast, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Breast, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Breast, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Breast, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Breast, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Breast, Meat Only, Cooked, Fried | Chicken, Broiler Or Fryers, Breast, Skinless, Boneless, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Breast, Meat Only, Cooked, Roasted | Chicken, Broiler Or Fryers, Breast, Skinless, Boneless, Meat Only, Raw | Roast | 0.0% |
| Chicken, Broilers Or Fryers, Breast, Meat Only, Cooked, Stewed | Chicken, Broiler Or Fryers, Breast, Skinless, Boneless, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Dark Meat, Drumstick, Meat Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Dark Meat, Drumstick, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Dark Meat, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Dark Meat, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Dark Meat, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Dark Meat, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Dark Meat, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Dark Meat, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Dark Meat, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Dark Meat, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Dark Meat, Meat Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Dark Meat, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Dark Meat, Meat Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Dark Meat, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Raw | Roast | 100.0% |

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| Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Drumstick, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Drumstick, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Dark Meat, Drumstick, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Drumstick, Meat Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Dark Meat, Drumstick, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Giblets, Cooked, Fried | Chicken, Broilers Or Fryers, Giblets, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Giblets, Cooked, Simmered | Chicken, Broilers Or Fryers, Giblets, Raw | Simmer | 100.0% |
| Chicken, Broilers Or Fryers, Leg, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Leg, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Leg, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Leg, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Leg, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Leg, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Leg, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Leg, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Leg, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Leg, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Leg, Meat Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Leg, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Leg, Meat Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Leg, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Light Meat, Meat And Skin, Raw | Stew | 100.0% |

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| Chicken, Broilers Or Fryers, Light Meat, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Light Meat, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Light Meat, Meat Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Light Meat, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Light Meat, Meat Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Light Meat, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Meat And Skin And Giblets And Neck, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Meat And Skin And Giblets And Neck, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Meat And Skin And Giblets And Neck, Roasted | Chicken, Broilers Or Fryers, Meat And Skin And Giblets And Neck, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Meat And Skin And Giblets And Neck, Stewed | Chicken, Broilers Or Fryers, Meat And Skin And Giblets And Neck, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Meat Only, Roasted | Chicken, Broilers Or Fryers, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Meat Only, Stewed | Chicken, Broilers Or Fryers, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Neck, Meat And Skin, Cooked Simmered | Chicken, Broilers Or Fryers, Neck, Meat And Skin, Raw | Simmer | 100.0% |
| Chicken, Broilers Or Fryers, Neck, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Neck, Meat And Skin, Raw | Fry | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|--|---|---------|--------|
| Chicken, Broilers Or Fryers, Neck, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Neck, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Neck, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Neck, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Neck, Meat Only, Cooked, Simmered | Chicken, Broilers Or Fryers, Neck, Meat Only, Raw | Simmer | 100.0% |
| Chicken, Broilers Or Fryers, Skin Only, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Skin Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Skin Only, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Skin Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Skin Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Skin Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Skin Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Skin Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Thigh, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Thigh, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Dark Meat, Thigh, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Thigh, Meat Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Dark Meat, Thigh, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Thigh, Meat Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Dark Meat, Thigh, Meat Only, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Wing, Meat And Skin, Cooked, Fried, Batter | Chicken, Broilers Or Fryers, Wing, Meat And Skin, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Wing, Meat And Skin, Cooked, Fried, Flour | Chicken, Broilers Or Fryers, Wing, Meat And Skin, Raw | Fry | 100.0% |

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| Chicken, Broilers Or Fryers, Wing, Meat And Skin, Cooked, Roasted | Chicken, Broilers Or Fryers, Wing, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Wing, Meat And Skin, Cooked, Stewed | Chicken, Broilers Or Fryers, Wing, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Broilers Or Fryers, Wing, Meat Only, Cooked, Fried | Chicken, Broilers Or Fryers, Wing, Meat Only, Raw | Fry | 100.0% |
| Chicken, Broilers Or Fryers, Wing, Meat Only, Cooked, Roasted | Chicken, Broilers Or Fryers, Wing, Meat Only, Raw | Roast | 100.0% |
| Chicken, Broilers Or Fryers, Wing, Meat Only, Cooked, Stewed | Chicken, Broilers Or Fryers, Wing, Meat Only, Raw | Stew | 100.0% |
| Chicken, Capons, Giblets, Cooked, Simmered | Chicken, Capons, Giblets, Raw | Simmer | 100.0% |
| Chicken, Capons, Meat And Skin And Giblets And Neck, Cooked, Roasted | Chicken, Capons, Giblets, Raw | Roast | 100.0% |
| Chicken, Capons, Meat And Skin And Giblets And Neck, Cooked, Roasted | Chicken, Capons, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Capons, Meat And Skin, Cooked, Roasted | Chicken, Capons, Meat And Skin, Raw | Roast | 100.0% |
| Chicken, Gizzard, All Classes, Cooked, Simmered | Chicken, Gizzard, All Classes, Raw | Simmer | 100.0% |
| Chicken, Heart, All Classes, Cooked, Simmered | Chicken, Heart, All Classes, Raw | Simmer | 100.0% |
| Chicken, Liver, All Classes, Cooked, Simmered | Chicken, Liver, All Classes, Raw | Simmer | 100.0% |
| Chicken, Roasting, Dark Meat, Meat Only, Cooked, Roasted | Chicken, Roasting, Dark Meat, Meat Only, Raw | Roast | 100.0% |
| Chicken, Roasting, Giblets, Cooked, Simmered | Chicken, Roasting, Giblets, Raw | Simmer | 100.0% |
| Chicken, Roasting, Light Meat, Meat Only, Cooked, Roasted | Chicken, Roasting, Light Meat, Meat Only, Raw | Roast | 100.0% |
| Chicken, Roasting, Meat And Skin And Giblets And Neck, Cooked, Roasted | Chicken, Roasting, Meat And Skin And Giblets And Neck, Raw | Roast | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|--------|
| Chicken, Roasting, Meat And Skin, Cooked, Roasted | Canada Goose, Breast Meat, Skinless, Raw | Roast | 100.0% |
| Chicken, Roasting, Meat Only, Cooked, Roasted | Chicken, Roasting, Meat Only, Raw | Roast | 100.0% |
| Chicken, Stewing, Dark Meat, Meat Only, Cooked, Stewed | Chicken, Stewing, Dark Meat, Meat Only, Raw | Stew | 100.0% |
| Chicken, Stewing, Giblets, Cooked, Simmered | Chicken, Stewing, Giblets, Raw | Simmer | 100.0% |
| Chicken, Stewing, Light Meat, Meat Only, Cooked, Stewed | Chicken, Stewing, Light Meat, Meat Only, Raw | Stew | 100.0% |
| Chicken, Stewing, Meat And Skin, And Giblets And Neck, Cooked, Stewed | Chicken, Stewing, Meat And Skin, And Giblets And Neck, Raw | Stew | 100.0% |
| Chicken, Stewing, Meat And Skin, Cooked, Stewed | Chicken, Stewing, Meat And Skin, Raw | Stew | 100.0% |
| Chicken, Stewing, Meat Only, Cooked, Stewed | Chicken, Stewing, Meat Only, Raw | Stew | 100.0% |
| Chickpeas (Garbanzo Beans, Bengal Gram), Mature Seeds, Cooked, Boiled, Without Salt | Chickpeas (Garbanzo Beans, Bengal Gram), Mature Seeds, Raw | Boil | 100.0% |
| Chrysanthemum, Garland, Cooked, Boiled, Drained, Without Salt | Chrysanthemum, Garland, Raw | Boil | 100.0% |
| Collards, Cooked, Boiled, Drained, Without Salt | Collards, Raw | Boil | 100.0% |
| Collards, Frozen, Chopped, Cooked, Boiled, Drained, Without Salt | Collards, Frozen, Chopped, Unprepared | Boil | 100.0% |
| Corn, Sweet, White, Cooked, Boiled, Drained, Without Salt | Corn, Sweet, White, Raw | Boil | 100.0% |
| Corn, Sweet, White, Frozen, Kernels Cut Off Cob, Boiled, Drained, Without Salt | Corn, Sweet, White, Frozen, Kernels Cut Off Cob, Unprepared | Boil | 100.0% |
| Corn, Sweet, White, Frozen, Kernels On Cob, Cooked, Boiled, Drained, Without Salt | Corn, Sweet, White, Frozen, Kernels On Cob, Unprepared | Boil | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|--|---|---------|--------|
| Corn, Sweet, Yellow, Cooked, Boiled, Drained, Without Salt | Corn, Sweet, Yellow, Raw | Boil | 100.0% |
| Corn, Sweet, Yellow, Frozen, Kernels Cut Off Cob, Boiled, Drained, Without Salt | Corn, Sweet, Yellow, Frozen, Kernels Cut Off Cob, Unprepared | Boil | 100.0% |
| Corn, Sweet, Yellow, Frozen, Kernels On Cob, Cooked, Boiled, Drained, Without Salt | Corn, Sweet, Yellow, Frozen, Kernels On Cob, Unprepared | Boil | 100.0% |
| Cowpeas (Blackeyes), Immature Seeds, Cooked, Boiled, Drained, Without Salt | Cowpeas (Blackeyes), Immature Seeds, Raw | Boil | 100.0% |
| Cowpeas (Blackeyes), Immature Seeds, Frozen, Cooked, Boiled, Drained, Without Salt | Cowpeas (Blackeyes), Immature Seeds, Frozen, Unprepared | Boil | 100.0% |
| Cowpeas, Catjang, Mature Seeds, Cooked, Boiled, Without Salt | Cowpeas, Catjang, Mature Seeds, Raw | Boil | 100.0% |
| Cowpeas, Common (Blackeyes, Crowder, Southern), Mature Seeds, Cooked, Boiled, Without Salt | Cowpeas, Common (Blackeyes, Crowder, Southern), Mature Seeds, Raw | Boil | 100.0% |
| Cowpeas, Leafy Tips, Cooked, Boiled, Drained, Without Salt | Cowpeas, Leafy Tips, Raw | Boil | 100.0% |
| Cowpeas, Young Pods With Seeds, Cooked, Boiled, Drained, Without Salt | Cowpeas, Young Pods With Seeds, Raw | Boil | 100.0% |
| Cress, Garden, Cooked, Boiled, Drained, Without Salt | Cress, Garden, Raw | Boil | 100.0% |
| Crustaceans, Shrimp, Mixed Species, Cooked, Breaded And Fried | Crustaceans, Shrimp, Mixed Species, Raw (May Have Been Previously Frozen) | Fry | 100.0% |
| Dandelion Greens, Cooked, Boiled, Drained, Without Salt | Dandelion Greens, Raw | Boil | 100.0% |
| Dock, Cooked, Boiled, Drained, Without Salt | Dock, Raw | Boil | 100.0% |
| Drumstick Leaves, Cooked, Boiled, Drained, Without Salt | Drumstick Leaves, Raw | Boil | 100.0% |
| Drumstick Pods, Cooked, Boiled, Drained, Without Salt | Drumstick Pods, Raw | Boil | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|--|----------|--------|
| Duck, Domesticated, Meat And Skin, Cooked, Roasted | Duck, Domesticated, Meat And Skin, Raw | Roast | 100.0% |
| Duck, Domesticated, Meat Only, Cooked, Roasted | Duck, Domesticated, Meat Only, Raw | Roast | 100.0% |
| Egg, Whole, Cooked, Fried | Egg, Whole, Raw, Fresh | Fry | 0.0% |
| Egg, Whole, Cooked, Hard-Boiled | Egg, Whole, Raw, Fresh | Boil | 0.0% |
| Egg, Whole, Cooked, Poached | Egg, Whole, Raw, Fresh | Poach | 0.0% |
| Egg, Whole, Cooked, Scrambled | Egg, Whole, Raw, Fresh | Scramble | 0.0% |
| Eggplant, Cooked, Boiled, Drained, Without Salt | Eggplant, Raw | Boil | 100.0% |
| Figs, Dried, Stewed | Figs, Dried, Uncooked | Stew | 100.0% |
| Fish, Catfish, Channel, Cooked, Breaded And Fried | Fish, Catfish, Channel, Wild, Raw | Fry | 100.0% |
| Fish, Croaker, Atlantic, Cooked, Breaded And Fried | Fish, Croaker, Atlantic, Raw | Fry | 100.0% |
| Fish, Shark, Mixed Species, Cooked, Batter-Dipped And Fried | Fish, Shark, Mixed Species, Raw | Fry | 100.0% |
| Game Meat, Antelope, Cooked, Roasted | Game Meat, Antelope, Raw | Roast | 100.0% |
| Game Meat, Bear, Cooked, Simmered | Game Meat, Bear, Raw | Simmer | 100.0% |
| Game Meat, Beaver, Cooked, Roasted | Game Meat, Beaver, Raw | Roast | 100.0% |
| Game Meat, Beefalo, Composite Of Cuts, Cooked, Roasted | Game Meat, Beefalo, Composite Of Cuts, Raw | Roast | 100.0% |
| Game Meat, Bison, Separable Lean Only, Cooked, Roasted | Game Meat, Bison, Separable Lean Only, Raw | Roast | 100.0% |
| Game Meat, Boar, Wild, Cooked, Roasted | Game Meat, Boar, Wild, Raw | Roast | 100.0% |
| Game Meat, Buffalo, Water, Cooked, Roasted | Game Meat, Buffalo, Water, Raw | Roast | 100.0% |
| Game Meat, Caribou, Cooked, Roasted | Game Meat, Caribou, Raw | Roast | 100.0% |

| <u>Cooked Item Description</u> | <u>Raw Item Description</u> | <u>Process</u> | <u>Yield</u> |
|--|--|----------------|--------------|
| Game Meat, Deer, Cooked, Roasted | Game Meat, Deer, Raw | Roast | 100.0% |
| Game Meat, Elk, Cooked, Roasted | Game Meat, Elk, Raw | Roast | 100.0% |
| Game Meat, Goat, Cooked, Roasted | Goat, Raw | Roast | 100.0% |
| Game Meat, Horse, Cooked, Roasted | Game Meat, Horse, Raw | Roast | 100.0% |
| Game Meat, Moose, Cooked, Roasted | Game Meat, Moose, Raw | Roast | 100.0% |
| Game Meat, Muskrat, Cooked, Roasted | Game Meat, Muskrat, Raw | Roast | 100.0% |
| Game Meat, Rabbit, Domesticated, Composite Of Cuts, Cooked, Stewed | Game Meat, Rabbit, Domesticated, Composite Of Cuts, Raw | Stew | 100.0% |
| Game Meat, Rabbit, Wild, Cooked, Stewed | Game Meat, Rabbit, Wild, Raw | Stew | 100.0% |
| Game Meat, Squirrel, Cooked, Roasted | Game Meat, Squirrel, Raw | Roast | 100.0% |
| Goose, Domesticated, Meat And Skin, Cooked, Roasted | Goose, Domesticated, Meat And Skin, Raw | Roast | 100.0% |
| Goose, Domesticated, Meat Only, Cooked, Roasted | Goose, Domesticated, Meat Only, Raw | Roast | 100.0% |
| Gourd, Dishcloth (Towelgourd), Cooked, Boiled, Drained, Without Salt | Gourd, Dishcloth (Towelgourd), Raw | Boil | 100.0% |
| Gourd, White-Flowered (Calabash), Cooked, Boiled, Drained, Without Salt | Gourd, White-Flowered (Calabash), Raw | Boil | 100.0% |
| Hyacinth Beans, Mature Seeds, Cooked, Boiled, Without Salt | Hyacinth Beans, Mature Seeds, Raw | Boil | 100.0% |
| Hyacinth-Beans, Immature Seeds, Cooked, Boiled, Drained, Without Salt | Hyacinth-Beans, Immature Seeds, Raw | Boil | 100.0% |
| Jute, Potherb, Cooked, Boiled, Drained, Without Salt | Jute, Potherb, Raw | Boil | 100.0% |
| Kale, Cooked, Boiled, Drained, Without Salt | Kale, Raw | Boil | 100.0% |
| Kale, Frozen, Cooked, Boiled, Drained, Without Salt | Kale, Frozen, Unprepared | Boil | 100.0% |
| Kale, Scotch, Cooked, Boiled, Drained, Without Salt | Kale, Scotch, Raw | Boil | 100.0% |

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|---|---|--------|--------|
| Kohlrabi, Cooked, Boiled, Drained, Without Salt | Kohlrabi, Raw | Boil | 100.0% |
| Lamb, Domestic, Cubed For Stew Or Kabob (Leg And Shoulder), Separable Lean Only, Trimmed To 1/4" Fat, Cooked, Braised | Lamb, Domestic, Cubed For Stew Or Kabob (Leg And Shoulder), Separable Lean Only, Trimmed To 1/4" Fat, Raw | Braise | 100.0% |
| Lamb, Domestic, Cubed For Stew Or Kabob (Leg And Shoulder), Separable Lean Only, Trimmed To 1/4" Fat, Cooked, Broiled | Lamb, Domestic, Cubed For Stew Or Kabob (Leg And Shoulder), Separable Lean Only, Trimmed To 1/4" Fat, Raw | Broil | 100.0% |
| Lamb, Domestic, Foreshank, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Braised | Lamb, Domestic, Foreshank, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Braise | 100.0% |
| Lamb, Domestic, Foreshank, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Braised | Lamb, Domestic, Foreshank, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Braise | 100.0% |
| Lamb, Domestic, Leg, Shank Half, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Leg, Shank Half, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Leg, Shank Half, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Leg, Shank Half, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Leg, Sirloin Half, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Leg, Sirloin Half, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Leg, Sirloin Half, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Leg, Sirloin Half, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Leg, Whole (Shank And Sirloin), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Leg, Whole (Shank And Sirloin), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Leg, Whole (Shank And Sirloin), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Leg, Whole (Shank And Sirloin), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Loin, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Loin, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|--------|
| Lamb, Domestic, Loin, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Loin, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Loin, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Loin, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Loin, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Loin, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Rib, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Rib, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Rib, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Rib, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Rib, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Rib, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Rib, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Rib, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Shoulder, Arm, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Braised | Lamb, Domestic, Shoulder, Arm, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Braise | 100.0% |
| Lamb, Domestic, Shoulder, Arm, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Shoulder, Arm, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Shoulder, Arm, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Shoulder, Arm, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Shoulder, Arm, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Braised | Lamb, Domestic, Shoulder, Arm, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Braise | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|--------|
| Lamb, Domestic, Shoulder, Arm, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Shoulder, Arm, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Shoulder, Arm, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Shoulder, Arm, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Shoulder, Blade, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Braised | Lamb, Domestic, Shoulder, Blade, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Braise | 100.0% |
| Lamb, Domestic, Shoulder, Blade, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Shoulder, Blade, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Shoulder, Blade, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Shoulder, Blade, Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Shoulder, Blade, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Shoulder, Blade, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Shoulder, Blade, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Shoulder, Blade, Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Braised | Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Braise | 100.0% |
| Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Braised | Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Braise | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|--|--|---------|--------|
| Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Broiled | Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Broil | 100.0% |
| Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Cooked, Roasted | Lamb, Domestic, Shoulder, Whole (Arm And Blade), Separable Lean Only, Trimmed To 1/4" Fat, Choice, Raw | Roast | 100.0% |
| Lamb, Ground, Cooked, Broiled | Lamb, Ground, Raw | Broil | 100.0% |
| Lamb, New Zealand, Imported, Fore-Shank, Separable Lean And Fat, Cooked, Braised | Lamb, New Zealand, Imported, Fore-Shank, Separable Lean And Fat, Raw | Braise | 100.0% |
| Lamb, New Zealand, Imported, Fore-Shank, Separable Lean Only, Cooked, Braised | Lamb, New Zealand, Imported, Fore-Shank, Separable Lean Only, Raw | Braise | 100.0% |
| Lamb, New Zealand, Imported, Frozen, Leg, Whole (Shank And Sirloin), Separable Lean And Fat, Cooked, Roasted | Lamb, New Zealand, Imported, Leg Chop/ Steak, Bone-In, Separable Lean And Fat, Raw | Roast | 100.0% |
| Lamb, New Zealand, Imported, Frozen, Leg, Whole (Shank And Sirloin), Separable Lean Only, Cooked, Roasted | Lamb, New Zealand, Imported, Leg Chop/ Steak, Bone-In, Separable Lean Only, Raw | Roast | 100.0% |
| Lamb, New Zealand, Imported, Frozen, Loin, Separable Lean And Fat, Cooked, Broiled | Lamb, New Zealand, Imported, Loin Chop, Separable Lean And Fat, Raw | Broil | 100.0% |
| Lamb, New Zealand, Imported, Frozen, Loin, Separable Lean Only, Cooked, Broiled | Lamb, New Zealand, Imported, Loin Chop, Separable Lean Only, Raw | Roast | 100.0% |
| Lamb, New Zealand, Imported, Rack - Partly Frenched, Separable Lean And Fat, Cooked, Fast Roasted | Lamb, New Zealand, Imported, Rack - Partly Frenched, Separable Lean And Fat, Raw | Roast | 100.0% |
| Lamb, New Zealand, Imported, Rack - Partly Frenched, Separable Lean Only, Cooked, Fast Roasted | Lamb, New Zealand, Imported, Rack - Partly Frenched, Separable Lean Only, Raw | Roast | 100.0% |
| Lamb, Variety Meats And By-Products, Brain, Cooked, Braised | Lamb, Variety Meats And By-Products, Brain, Raw | Braise | 100.0% |
| Lamb, Variety Meats And By-Products, Heart, Cooked, Braised | Lamb, Variety Meats And By-Products, Heart, Raw | Braise | 100.0% |
| Lamb, Variety Meats And By-Products, Kidneys, Cooked, Braised | Lamb, Variety Meats And By-Products, Kidneys, Raw | Braise | 100.0% |

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| Lamb, Variety Meats And By-Products, Liver, Cooked, Braised | Lamb, Variety Meats And By-Products, Liver, Raw | Braise | 100.0% |
| Lamb, Variety Meats And By-Products, Lungs, Cooked, Braised | Lamb, Variety Meats And By-Products, Lungs, Raw | Braise | 100.0% |
| Lamb, Variety Meats And By-Products, Pancreas, Cooked, Braised | Lamb, Variety Meats And By-Products, Pancreas, Raw | Braise | 100.0% |
| Lamb, Variety Meats And By-Products, Spleen, Cooked, Braised | Lamb, Variety Meats And By-Products, Spleen, Raw | Braise | 100.0% |
| Lamb, Variety Meats And By-Products, Tongue, Cooked, Braised | Lamb, Variety Meats And By-Products, Tongue, Raw | Braise | 100.0% |
| Lambsquarters, Cooked, Boiled, Drained, Without Salt | Lambsquarters, Raw | Boil | 100.0% |
| Leeks, (Bulb And Lower Leaf-Portion), Cooked, Boiled, Drained, Without Salt | Leeks, (Bulb And Lower Leaf-Portion), Raw | Boil | 100.0% |
| Lentils, Mature Seeds, Cooked, Boiled, Without Salt | Lentils, Raw | Boil | 100.0% |
| Lentils, Sprouted, Cooked, Stir-Fried, Without Salt | Lentils, Sprouted, Raw | Stir Fry | 100.0% |
| Lima Beans, Immature Seeds, Cooked, Boiled, Drained, Without Salt | Lima Beans, Immature Seeds, Raw | Boil | 100.0% |
| Lima Beans, Large, Mature Seeds, Cooked, Boiled, Without Salt | Lima Beans, Large, Mature Seeds, Raw | Boil | 100.0% |
| Lima Beans, Thin Seeded (Baby), Mature Seeds, Cooked, Boiled, Without Salt | Lima Beans, Thin Seeded (Baby), Mature Seeds, Raw | Boil | 100.0% |
| Lotus Root, Cooked, Boiled, Drained, Without Salt | Lotus Root, Raw | Boil | 100.0% |
| Lupins, Mature Seeds, Cooked, Boiled, Without Salt | Lupins, Mature Seeds, Raw | Boil | 100.0% |
| Mollusks, Abalone, Mixed Species, Cooked, Fried | Mollusks, Abalone, Mixed Species, Raw | Fry | 100.0% |
| Mollusks, Clam, Mixed Species, Cooked, Breaded And Fried | Mollusks, Clam, Mixed Species, Raw | Fry | 100.0% |

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| Mollusks, Oyster, Eastern, Cooked, Breaded And Fried | Mollusks, Oyster, Eastern, Wild, Raw | Fry | 100.0% |
| Mollusks, Scallop, Mixed Species, Cooked, Breaded And Fried | Mollusks, Scallop, Mixed Species, Raw | Fry | 100.0% |
| Mollusks, Squid, Mixed Species, Cooked, Fried | Mollusks, Squid, Mixed Species, Raw | Fry | 100.0% |
| Mothbeans, Mature Seeds, Cooked, Boiled, Without Salt | Mothbeans, Mature Seeds, Raw | Boil | 100.0% |
| Mountain Yam, Hawaii, Cooked, Steamed, Without Salt | Mountain Yam, Hawaii, Raw | Steam | 100.0% |
| Mung Beans, Mature Seeds, Cooked, Boiled, Without Salt | Mung Beans, Mature Seeds, Raw | Boil | 100.0% |
| Mung Beans, Mature Seeds, Sprouted, Cooked, Boiled, Drained, Without Salt | Mung Beans, Mature Seeds, Sprouted, Raw | Boil | 100.0% |
| Mung Beans, Mature Seeds, Sprouted, Cooked, Stir-Fried | Mung Beans, Mature Seeds, Sprouted, Raw | Stir Fry | 100.0% |
| Mungo Beans, Mature Seeds, Cooked, Boiled, Without Salt | Mungo Beans, Mature Seeds, Raw | Boil | 100.0% |
| Mushrooms, White, Cooked, Boiled, Drained, Without Salt | Mushrooms, White, Raw | Boil | 100.0% |
| Mustard Greens, Cooked, Boiled, Drained, Without Salt | Mustard Greens, Raw | Boil | 100.0% |
| Mustard Greens, Frozen, Cooked, Boiled, Drained, Without Salt | Mustard Greens, Frozen, Unprepared | Boil | 100.0% |
| Mustard Spinach, (Tendergreen), Cooked, Boiled, Drained, Without Salt | Mustard Spinach, (Tendergreen), Raw | Boil | 100.0% |
| New Zealand Spinach, Cooked, Boiled, Drained, Without Salt | New Zealand Spinach, Raw | Boil | 100.0% |
| Nuts, Chestnuts, Chinese, Boiled And Steamed | Nuts, Chestnuts, Chinese, Raw | Boil | 100.0% |
| Nuts, Chestnuts, Chinese, Boiled And Steamed | Nuts, Chestnuts, Chinese, Raw | Steam | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|--|--|---------|--------|
| Nuts, Chestnuts, Chinese, Roasted | Nuts, Chestnuts, Chinese, Raw | Roast | 100.0% |
| Nuts, Chestnuts, European, Boiled And Steamed | Nuts, Chestnuts, European, Raw, Peeled | Boil | 100.0% |
| Nuts, Chestnuts, European, Boiled And Steamed | Nuts, Chestnuts, European, Raw, Peeled | Steam | 100.0% |
| Nuts, Chestnuts, European, Boiled And Steamed | Nuts, Chestnuts, European, Raw, Unpeeled | Boil | 100.0% |
| Nuts, Chestnuts, European, Boiled And Steamed | Nuts, Chestnuts, European, Raw, Unpeeled | Steam | 100.0% |
| Nuts, Chestnuts, European, Roasted | Nuts, Chestnuts, European, Raw, Peeled | Roast | 100.0% |
| Nuts, Chestnuts, European, Roasted | Nuts, Chestnuts, European, Raw, Unpeeled | Roast | 100.0% |
| Nuts, Chestnuts, Japanese, Boiled And Steamed | Nuts, Chestnuts, Japanese, Raw | Boil | 100.0% |
| Nuts, Chestnuts, Japanese, Boiled And Steamed | Nuts, Chestnuts, Japanese, Raw | Steam | 100.0% |
| Nuts, Chestnuts, Japanese, Roasted | Nuts, Chestnuts, Japanese, Raw | Roast | 100.0% |
| Nuts, Coconut Meat, Dried (Desiccated), Toasted | Nuts, Coconut Meat, Raw | Toast | 100.0% |
| Okra, Cooked, Boiled, Drained, Without Salt | Okra, Raw | Boil | 100.0% |
| Okra, Frozen, Cooked, Boiled, Drained, Without Salt | Okra, Frozen, Unprepared | Boil | 100.0% |
| Onions, Cooked, Boiled, Drained, Without Salt | Onions, Raw | Boil | 100.0% |
| Onions, Frozen, Chopped, Cooked, Boiled, Drained, Without Salt | Onions, Frozen, Chopped, Unprepared | Boil | 100.0% |
| Onions, Frozen, Whole, Cooked, Boiled, Drained, Without Salt | Onions, Frozen, Whole, Unprepared | Boil | 100.0% |
| Parsnips, Cooked, Boiled, Drained, Without Salt | Parsnips, Raw | Boil | 100.0% |
| Peaches, Dehydrated (Low-Moisture), Sulfured, Stewed | Peaches, Dehydrated (Low-Moisture), Sulfured, Uncooked | Stew | 100.0% |
| Peaches, Dried, Sulfured, Stewed, With Added Sugar | Peaches, Dried, Sulfured, Uncooked | Stew | 100.0% |

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| Peaches, Dried, Sulfured, Stewed, Without Added Sugar | Peaches, Dried, Sulfured, Uncooked | Stew | 100.0% |
| Pears, Dried, Sulfured, Stewed, With Added Sugar | Pears, Dried, Sulfured, Uncooked | Stew | 100.0% |
| Pears, Dried, Sulfured, Stewed, Without Added Sugar | Pears, Dried, Sulfured, Uncooked | Stew | 100.0% |
| Peas And Carrots, Frozen, Cooked, Boiled, Drained, Without Salt | Peas And Carrots, Frozen, Unprepared | Boil | 100.0% |
| Peas And Onions, Frozen, Cooked, Boiled, Drained, Without Salt | Peas And Onions, Frozen, Unprepared | Boil | 100.0% |
| Peas, Edible-Podded, Boiled, Drained, Without Salt | Peas, Edible-Podded, Raw | Boil | 100.0% |
| Peas, Edible-Podded, Frozen, Cooked, Boiled, Drained, Without Salt | Peas, Edible-Podded, Frozen, Unprepared | Boil | 100.0% |
| Peas, Green, Cooked, Boiled, Drained, Without Salt | Peas, Green, Raw | Boil | 0.0% |
| Peas, Green, Frozen, Cooked, Boiled, Drained, Without Salt | Peas, Green, Frozen, Unprepared | Boil | 100.0% |
| Peas, Mature Seeds, Sprouted, Cooked, Boiled, Drained, Without Salt | Peas, Mature Seeds, Sprouted, Raw | Boil | 100.0% |
| Peas, Split, Mature Seeds, Cooked, Boiled, Without Salt | Peas, Green, Split, Mature Seeds, Raw | Boil | 100.0% |
| Peppers, Sweet, Green, Cooked, Boiled, Drained, Without Salt | Peppers, Sweet, Green, Raw | Boil | 100.0% |
| Peppers, Sweet, Green, Frozen, Chopped, Boiled, Drained, Without Salt | Peppers, Sweet, Green, Frozen, Chopped, Unprepared | Boil | 100.0% |
| Peppers, Sweet, Red, Cooked, Boiled, Drained, Without Salt | Peppers, Sweet, Red, Raw | Boil | 100.0% |
| Peppers, Sweet, Red, Frozen, Chopped, Boiled, Drained, Without Salt | Peppers, Sweet, Red, Frozen, Chopped, Unprepared | Boil | 100.0% |
| Pigeon Peas (Red Gram), Mature Seeds, Cooked, Boiled, Without Salt | Pigeon Peas (Red Gram), Mature Seeds, Raw | Boil | 100.0% |

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| Pigeonpeas, Immature Seeds, Cooked, Boiled, Drained, Without Salt | Pigeonpeas, Immature Seeds, Raw | Boil | 100.0% |
| Plums, Dried (Prunes), Stewed, With Added Sugar | Plums, Dried (Prunes), Uncooked | Stew | 100.0% |
| Plums, Dried (Prunes), Stewed, Without Added Sugar | Plums, Dried (Prunes), Uncooked | Stew | 100.0% |
| Pokeberry Shoots, (Poke), Cooked, Boiled, Drained, Without Salt | Pokeberry Shoots, (Poke), Raw | Boil | 100.0% |
| Pork, Cured, Ham, Boneless, Extra Lean And Regular, Roasted | Pork, Cured, Ham, Boneless, Extra Lean And Regular, Unheated | Roast | 100.0% |
| Pork, Cured, Ham, Extra Lean (Approximately 4% Fat), Canned, Roasted | Pork, Cured, Ham, Extra Lean (Approximately 4% Fat), Canned, Unheated | Roast | 100.0% |
| Pork, Cured, Ham, Extra Lean And Regular, Canned, Roasted | Pork, Cured, Ham, Extra Lean And Regular, Canned, Unheated | Roast | 100.0% |
| Pork, Cured, Ham, Whole, Separable Lean Only, Roasted | Pork, Cured, Ham, Whole, Separable Lean Only, Unheated | Roast | 100.0% |
| Pork, Cured, Separable Fat (From Ham And Arm Picnic), Roasted | Pork, Cured, Separable Fat (From Ham And Arm Picnic), Unheated | Roast | 100.0% |
| Pork, Cured, Shoulder, Blade Roll, Separable Lean And Fat, Roasted | Pork, Cured, Shoulder, Blade Roll, Separable Lean And Fat, Unheated | Roast | 100.0% |
| Pork, Fresh, Backribs, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Backribs, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Composite Of Trimmed Retail Cuts (Leg, Loin, And Shoulder), Separable Lean Only, Cooked | Pork, Fresh, Composite Of Trimmed Leg, Loin, Shoulder, And Spareribs, (Includes Cuts To Be Cured), Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Leg (Ham), Rump Half, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Leg (Ham), Rump Half, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Leg (Ham), Rump Half, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Leg (Ham), Rump Half, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Leg (Ham), Shank Half, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Leg (Ham), Shank Half, Separable Lean And Fat, Raw | Roast | 100.0% |

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| Pork, Fresh, Leg (Ham), Shank Half, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Leg (Ham), Shank Half, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Leg (Ham), Whole, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Leg (Ham), Whole, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Blade (Chops), Bone-In, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Blade (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Blade (Chops), Bone-In, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Blade (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Blade (Chops), Bone-In, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Blade (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Blade (Chops), Bone-In, Separable Lean Only, Cooked, Broiled | Pork, Fresh, Loin, Blade (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Blade (Roasts), Bone-In, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Blade (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Blade (Roasts), Bone-In, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Blade (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean Only, Cooked, Broiled | Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Center Loin (Roasts), Bone-In, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Center Loin (Roasts), Bone-In, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Center Loin (Chops), Bone-In, Separable Lean Only, Raw | Roast | 100.0% |

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| Pork, Fresh, Loin, Center Rib (Chops), Bone-In, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Center Rib (Chops), Bone-In, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Center Rib (Chops), Bone-In, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Center Rib (Chops), Bone-In, Separable Lean Only, Cooked, Broiled | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Center Rib (Chops), Boneless, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Boneless, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Center Rib (Chops), Boneless, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Boneless, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Center Rib (Chops), Boneless, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Boneless, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Center Rib (Chops), Boneless, Separable Lean Only, Cooked, Broiled | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Boneless, Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Center Rib (Roasts), Bone-In, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Center Rib (Roasts), Bone-In, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Center Rib (Roasts), Boneless, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Boneless, Separable Lean And Fat, Raw | Roast | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|--------|
| Pork, Fresh, Loin, Center Rib (Roasts), Boneless, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Center Rib (Chops Or Roasts), Boneless, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Country-Style Ribs, Separable Lean And Fat, Bone-In, Cooked, Roasted | Pork, Fresh, Loin, Country-Style Ribs, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Country-Style Ribs, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Country-Style Ribs, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Country-Style Ribs, Separable Lean Only, Bone-In, Cooked, Roasted | Pork, Fresh, Loin, Country-Style Ribs, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Country-Style Ribs, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Country-Style Ribs, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Sirloin (Chops), Bone-In, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Sirloin (Chops), Bone-In, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Sirloin (Chops), Bone-In, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Sirloin (Chops), Bone-In, Separable Lean Only, Cooked, Broiled | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Sirloin (Chops), Boneless, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Boneless, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Sirloin (Chops), Boneless, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Boneless, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Sirloin (Chops), Boneless, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Boneless, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Sirloin (Roasts), Bone-In, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Bone-In, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Sirloin (Roasts), Bone-In, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Bone-In, Separable Lean Only, Raw | Roast | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|--------|
| Pork, Fresh, Loin, Sirloin (Roasts), Boneless, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Boneless, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Sirloin (Roasts), Boneless, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Sirloin (Chops Or Roasts), Boneless, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Tenderloin, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Tenderloin, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Tenderloin, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Tenderloin, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Tenderloin, Separable Lean And Fat, Raw | Pork, Fresh, Loin, Sirloin (Chops), Boneless, Separable Lean Only, Cooked, Broiled | Broil | 100.0% |
| Pork, Fresh, Loin, Tenderloin, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Tenderloin, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean Only, Cooked, Broiled | Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Top Loin (Roasts), Boneless, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Top Loin (Roasts), Boneless, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Top Loin (Chops), Boneless, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Whole, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Loin, Whole, Separable Lean And Fat, Raw | Braise | 100.0% |

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| Pork, Fresh, Loin, Whole, Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Loin, Whole, Separable Lean And Fat, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Whole, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Loin, Whole, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Loin, Whole, Separable Lean Only, Cooked, Braised | Pork, Fresh, Loin, Whole, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Loin, Whole, Separable Lean Only, Cooked, Broiled | Pork, Fresh, Loin, Whole, Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Loin, Whole, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Loin, Whole, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean Only, Cooked, Braised | Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Shoulder, Arm Picnic, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Shoulder, Arm Picnic, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Shoulder, Arm Picnic, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Shoulder, Arm Picnic, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Shoulder, Arm Picnic, Separable Lean Only, Cooked, Braised | Pork, Fresh, Shoulder, Arm Picnic, Separable Lean Only, Raw | Braise | 100.0% |
| Pork, Fresh, Shoulder, Arm Picnic, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Shoulder, Arm Picnic, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Shoulder, Blade, Boston (Roasts), Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Shoulder, Blade, Boston (Roasts), Separable Lean Only, Cooked, Roasted | Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Shoulder, Blade, Boston (Steaks), Separable Lean And Fat, Cooked, Broiled | Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean And Fat, Raw | Broil | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|--|---------|--------|
| Pork, Fresh, Shoulder, Blade, Boston (Steaks), Separable Lean Only, Cooked, Broiled | Pork, Fresh, Shoulder, (Boston Butt), Blade (Steaks), Separable Lean Only, Raw | Broil | 100.0% |
| Pork, Fresh, Shoulder, Whole, Separable Lean And Fat, Cooked, Roasted | Pork, Fresh, Shoulder, Whole, Separable Lean And Fat, Raw | Roast | 100.0% |
| Pork, Fresh, Shoulder, Whole, Separable Lean Only, Cooked, Roasted | Pork, Fresh, Shoulder, Whole, Separable Lean Only, Raw | Roast | 100.0% |
| Pork, Fresh, Spareribs, Separable Lean And Fat, Cooked, Braised | Pork, Fresh, Spareribs, Separable Lean And Fat, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Brain, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Brain, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Chitterlings, Cooked, Simmered | Pork, Fresh, Variety Meats And By-Products, Chitterlings, Raw | Simmer | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Ears, Frozen, Cooked, Simmered | Pork, Fresh, Variety Meats And By-Products, Ears, Frozen, Raw | Simmer | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Feet, Cooked, Simmered | Pork, Fresh, Variety Meats And By-Products, Feet, Raw | Simmer | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Heart, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Heart, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Kidneys, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Kidneys, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Liver, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Liver, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Lungs, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Lungs, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Pancreas, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Pancreas, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Spleen, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Spleen, Raw | Braise | 100.0% |
| Pork, Fresh, Variety Meats And By-Products, Tail, Cooked, Simmered | Pork, Fresh, Variety Meats And By-Products, Tail, Raw | Simmer | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|---|---------|---------|
| Pork, Fresh, Variety Meats And By-Products, Tongue, Cooked, Braised | Pork, Fresh, Variety Meats And By-Products, Tongue, Raw | Braise | 100.0% |
| Potatoes, Baked, Flesh, Without Salt | Potatoes, Raw, Skin | Bake | 100.0% |
| Potatoes, Frozen, Whole, Cooked, Boiled, Drained, Without Salt | Potatoes, Frozen, Whole, Unprepared | Boil | 100.0% |
| Prunes, Dehydrated (Low-Moisture), Stewed | Prunes, Dehydrated (Low-Moisture), Uncooked | Stew | 100.0% |
| Pumpkin Flowers, Cooked, Boiled, Drained, Without Salt | Pumpkin Flowers, Raw | Boil | 100.0% |
| Pumpkin Leaves, Cooked, Boiled, Drained, Without Salt | Pumpkin Leaves, Raw | Boil | 100.0% |
| Pumpkin, Cooked, Boiled, Drained, Without Salt | Pumpkin, Raw | Boil | 100.0% |
| Purslane, Cooked, Boiled, Drained, Without Salt | Purslane, Raw | Boil | 100.0% |
| Radishes, Oriental, Cooked, Boiled, Drained, Without Salt | Radishes, Oriental, Raw | Boil | 100.0% |
| Rice, White, Long-Grain, Parboiled, Enriched, Cooked | Rice, White, Long-Grain, Regular, Raw, Enriched | Boil | 1600.0% |
| Rice, White, Long-Grain, Parboiled, Enriched, Cooked | Rice, White, Long-Grain, Regular, Raw, Unenriched | Parboil | 100.0% |
| Salmonberries, Raw (Alaska Native) | Mcdonald's, Premium Grilled Chicken Classic Sandwich | Grill | 0.0% |
| Salsify, Cooked, Boiled, Drained, Without Salt | Salsify, (Vegetable Oyster), Raw | Boil | 100.0% |
| Sesbania Flower, Cooked, Steamed, Without Salt | Sesbania Flower, Raw | Steam | 100.0% |
| Soy Flour, Full-Fat, Roasted | Soy Flour, Full-Fat, Raw | Roast | 100.0% |
| Soybeans, Mature Cooked, Boiled, Without Salt | Soybeans, Mature Seeds, Raw | Boil | 100.0% |
| Soybeans, Mature Seeds, Dry Roasted | Soybeans, Mature Seeds, Raw | Roast | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
|---|--|----------|--------|
| Soybeans, Mature Seeds, Roasted, Salted | Soybeans, Mature Seeds, Raw | Roast | 100.0% |
| Soybeans, Mature Seeds, Sprouted, Cooked, Steamed | Soybeans, Mature Seeds, Sprouted, Raw | Steam | 100.0% |
| Soybeans, Mature Seeds, Sprouted, Cooked, Stir-Fried | Soybeans, Mature Seeds, Sprouted, Raw | Stir Fry | 100.0% |
| Spinach, Cooked, Boiled, Drained, Without Salt | Spinach, Raw | Boil | 100.0% |
| Spinach, Frozen, Chopped Or Leaf, Cooked, Boiled, Drained, Without Salt | Spinach, Frozen, Chopped Or Leaf, Unprepared | Boil | 100.0% |
| Squash, Summer, All Varieties, Cooked, Boiled, Drained, Without Salt | Squash, Summer, All Varieties, Raw | Boil | 100.0% |
| Squash, Summer, Crookneck And Straightneck, Cooked, Boiled, Drained, Without Salt | Squash, Summer, Crookneck And Straightneck, Raw | Boil | 100.0% |
| Squash, Summer, Crookneck And Straightneck, Frozen, Cooked, Boiled, Drained, Without Salt | Squash, Summer, Crookneck And Straightneck, Frozen, Unprepared | Boil | 100.0% |
| Squash, Summer, Scallop, Cooked, Boiled, Drained, Without Salt | Squash, Summer, Scallop, Raw | Boil | 100.0% |
| Squash, Summer, Zucchini, Includes Skin, Cooked, Boiled, Drained, Without Salt | Squash, Summer, Zucchini, Includes Skin, Raw | Boil | 100.0% |
| Squash, Summer, Zucchini, Includes Skin, Frozen, Cooked, Boiled, Drained, Without Salt | Squash, Summer, Zucchini, Includes Skin, Frozen, Unprepared | Boil | 100.0% |
| Squash, Winter, Acorn, Cooked, Baked, Without Salt | Squash, Winter, Acorn, Raw | Bake | 100.0% |
| Squash, Winter, Acorn, Cooked, Boiled, Mashed, Without Salt | Squash, Winter, Acorn, Raw | Boil | 100.0% |
| Squash, Winter, All Varieties, Cooked, Baked, Without Salt | Squash, Winter, All Varieties, Raw | Bake | 100.0% |
| Squash, Winter, Butternut, Cooked, Baked, Without Salt | Squash, Winter, Butternut, Raw | Bake | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
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| Squash, Winter, Butternut, Frozen, Cooked, Boiled, Without Salt | Squash, Winter, Butternut, Frozen, Unprepared | Boil | 100.0% |
| Squash, Winter, Hubbard, Baked, Without Salt | Squash, Winter, Hubbard, Raw | Bake | 100.0% |
| Squash, Winter, Hubbard, Cooked, Boiled, Mashed, Without Salt | Squash, Winter, Hubbard, Raw | Boil | 100.0% |
| Squash, Winter, Spaghetti, Cooked, Boiled, Drained, Or Baked, Without Salt | Squash, Winter, Spaghetti, Raw | Bake | 100.0% |
| Squash, Winter, Spaghetti, Cooked, Boiled, Drained, Or Baked, Without Salt | Squash, Winter, Spaghetti, Raw | Boil | 100.0% |
| Succotash, (Corn And Limas), Cooked, Boiled, Drained, Without Salt | Succotash, (Corn And Limas), Raw | Boil | 100.0% |
| Succotash, (Corn And Limas), Frozen, Cooked, Boiled, Drained, Without Salt | Succotash, (Corn And Limas), Frozen, Unprepared | Boil | 100.0% |
| Swamp Cabbage (Skunk Cabbage), Cooked, Boiled, Drained, Without Salt | Swamp Cabbage, (Skunk Cabbage), Raw | Boil | 100.0% |
| Sweet Potato Leaves, Cooked, Steamed, Without Salt | Sweet Potato Leaves, Raw | Steam | 100.0% |
| Sweet Potato, Cooked, Baked In Skin, Flesh, Without Salt | Sweet Potato, Raw, Unprepared | Bake | 100.0% |
| Sweet Potato, Frozen, Cooked, Baked, Without Salt | Sweet Potato, Frozen, Unprepared | Bake | 100.0% |
| Taro Leaves, Cooked, Steamed, Without Salt | Taro Leaves, Raw | Steam | 100.0% |
| Taro, Leaves, Cooked, Steamed, With Salt | Taro Leaves, Raw | Steam | 100.0% |
| Tofu, Fried | Tofu, Firm, Prepared With Calcium Sulfate And Magnesium Chloride (Nigari) | Fry | 100.0% |
| Tofu, Fried | Tofu, Soft, Prepared With Calcium Sulfate And Magnesium Chloride (Nigari) | Fry | 100.0% |
| Tofu, Fried, Prepared With Calcium Sulfate | Tofu, Raw, Firm, Prepared With Calcium Sulfate | Fry | 100.0% |
| Tofu, Fried, Prepared With Calcium Sulfate | Tofu, Raw, Regular, Prepared With Calcium Sulfate | Fry | 100.0% |

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| Tomatoes, Red, Ripe, Cooked | Tomatoes, Red, Ripe, Raw, Year Round Average | Boil | 100.0% |
| Tomatoes, Red, Ripe, Cooked, Stewed | Tomatoes, Red, Ripe, Raw, Year Round Average | Stew | 100.0% |
| Turkey From Whole, Light Meat, Meat And Skin, Cooked, Roasted | Turkey From Whole, Light Meat, Meat And Skin, Raw | Roast | 100.0% |
| Turkey From Whole, Neck, Meat Only, Cooked, Simmered | Turkey From Whole, Neck, Meat Only, Raw | Simmer | 100.0% |
| Turkey, All Classes, Breast, Meat And Skin, Cooked, Roasted | Turkey, All Classes, Breast, Meat And Skin, Raw | Roast | 100.0% |
| Turkey, All Classes, Leg, Meat And Skin, Cooked, Roasted | Turkey, All Classes, Leg, Meat And Skin, Raw | Roast | 100.0% |
| Turkey, All Classes, Light Meat, Cooked, Roasted | Turkey From Whole, Light Meat, Raw | Roast | 100.0% |
| Turkey, All Classes, Wing, Meat And Skin, Cooked, Roasted | Turkey, All Classes, Wing, Meat And Skin, Raw | Roast | 100.0% |
| Turkey, Back, From Whole Bird, Meat Only, Roasted | Turkey, Back From Whole Bird, Meat Only, Raw | Roast | 100.0% |
| Turkey, Breast, From Whole Bird, Meat Only, Roasted | Turkey, Breast, From Whole Bird, Meat Only, Raw | Roast | 100.0% |
| Turkey, Dark Meat From Whole, Meat And Skin, Cooked, Roasted | Turkey, Dark Meat, Meat And Skin, Raw | Roast | 100.0% |
| Turkey, From Whole, Dark Meat, Cooked, Roasted | Turkey From Whole, Dark Meat, Meat Only, Raw | Roast | 100.0% |
| Turkey, Gizzard, All Classes, Cooked, Simmered | Turkey, Gizzard, All Classes, Raw | Simmer | 100.0% |
| Turkey, Heart, All Classes, Cooked, Simmered | Turkey, Heart, All Classes, Raw | Simmer | 100.0% |
| Turkey, Liver, All Classes, Cooked, Simmered | Turkey, Liver, All Classes, Raw | Simmer | 100.0% |
| Turkey, Skin From Whole (Light And Dark), Roasted | Turkey, Skin From Whole, (Light And Dark), Raw | Roast | 100.0% |

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| Turkey, Whole, Giblets, Cooked, Simmered | Turkey, Whole, Giblets, Raw | Simmer | 100.0% |
| Turkey, Whole, Meat And Skin, Cooked, Roasted | Turkey, Whole, Meat And Skin, Raw | Roast | 100.0% |
| Turkey, Whole, Meat Only, Cooked, Roasted | Turkey, Whole, Meat Only, Raw | Roast | 100.0% |
| Turkey, Wing, From Whole Bird, Meat Only, Roasted | Turkey, Wing, From Whole Bird, Meat Only, Raw | Roast | 100.0% |
| Turnip Greens And Turnips, Frozen, Cooked, Boiled, Drained, Without Salt | Turnip Greens And Turnips, Frozen, Unprepared | Boil | 100.0% |
| Turnip Greens, Cooked, Boiled, Drained, Without Salt | Turnip Greens, Raw | Boil | 100.0% |
| Turnip Greens, Frozen, Cooked, Boiled, Drained, Without Salt | Turnip Greens, Frozen, Unprepared | Boil | 100.0% |
| Turnips, Cooked, Boiled, Drained, Without Salt | Turnips, Raw | Boil | 100.0% |
| Turnips, Frozen, Cooked, Boiled, Drained, Without Salt | Turnips, Frozen, Unprepared | Boil | 100.0% |
| Veal, Cubed For Stew (Leg And Shoulder), Separable Lean Only, Cooked, Braised | Veal, Cubed For Stew (Leg And Shoulder), Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Ground, Cooked, Broiled | Veal, Ground, Raw | Broil | 100.0% |
| Veal, Leg (Top Round), Separable Lean And Fat, Cooked, Braised | Veal, Leg (Top Round), Separable Lean And Fat, Raw | Braise | 100.0% |
| Veal, Leg (Top Round), Separable Lean And Fat, Cooked, Roasted | Veal, Leg (Top Round), Separable Lean And Fat, Raw | Roast | 100.0% |
| Veal, Leg (Top Round), Separable Lean Only, Cooked, Braised | Veal, Leg (Top Round), Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Leg (Top Round), Separable Lean Only, Cooked, Roasted | Veal, Leg (Top Round), Separable Lean Only, Raw | Roast | 100.0% |
| Veal, Loin, Separable Lean And Fat, Cooked, Braised | Veal, Loin, Separable Lean And Fat, Raw | Braise | 100.0% |
| Veal, Loin, Separable Lean And Fat, Cooked, Roasted | Veal, Loin, Separable Lean And Fat, Raw | Roast | 100.0% |

| Cooked Item Description | Raw Item Description | Process | Yield |
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| Veal, Loin, Separable Lean Only, Cooked, Braised | Veal, Loin, Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Loin, Separable Lean Only, Cooked, Roasted | Veal, Loin, Separable Lean Only, Raw | Roast | 100.0% |
| Veal, Rib, Separable Lean And Fat, Cooked, Braised | Veal, Rib, Separable Lean And Fat, Raw | Braise | 100.0% |
| Veal, Rib, Separable Lean And Fat, Cooked, Roasted | Veal, Rib, Separable Lean And Fat, Raw | Roast | 100.0% |
| Veal, Rib, Separable Lean Only, Cooked, Braised | Veal, Rib, Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Rib, Separable Lean Only, Cooked, Roasted | Veal, Rib, Separable Lean Only, Raw | Roast | 100.0% |
| Veal, Shoulder, Arm, Separable Lean Only, Cooked, Braised | Veal, Shoulder, Arm, Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Shoulder, Arm, Separable Lean Only, Cooked, Roasted | Veal, Shoulder, Arm, Separable Lean Only, Raw | Roast | 100.0% |
| Veal, Shoulder, Blade, Separable Lean And Fat, Cooked, Braised | Veal, Shoulder, Blade Chop, Separable Lean And Fat, Raw | Braise | 100.0% |
| Veal, Shoulder, Blade, Separable Lean And Fat, Cooked, Roasted | Veal, Shoulder, Blade Chop, Separable Lean And Fat, Raw | Roast | 100.0% |
| Veal, Shoulder, Blade, Separable Lean Only, Cooked, Braised | Veal, Shoulder, Blade Chop, Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Shoulder, Blade, Separable Lean Only, Cooked, Roasted | Veal, Shoulder, Blade Chop, Separable Lean Only, Raw | Roast | 100.0% |
| Veal, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Cooked, Braised | Veal, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Raw | Braise | 100.0% |
| Veal, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Cooked, Roasted | Veal, Shoulder, Whole (Arm And Blade), Separable Lean And Fat, Raw | Roast | 100.0% |
| Veal, Shoulder, Whole (Arm And Blade), Separable Lean Only, Cooked, Braised | Veal, Shoulder, Whole (Arm And Blade), Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Shoulder, Whole (Arm And Blade), Separable Lean Only, Cooked, Roasted | Veal, Shoulder, Whole (Arm And Blade), Separable Lean Only, Raw | Roast | 100.0% |

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| Veal, Sirloin, Separable Lean And Fat, Cooked, Braised | Veal, Sirloin, Separable Lean And Fat, Raw | Braise | 100.0% |
| Veal, Sirloin, Separable Lean And Fat, Cooked, Roasted | Veal, Sirloin, Separable Lean And Fat, Raw | Roast | 100.0% |
| Veal, Sirloin, Separable Lean Only, Cooked, Braised | Veal, Sirloin, Separable Lean Only, Raw | Braise | 100.0% |
| Veal, Sirloin, Separable Lean Only, Cooked, Roasted | Veal, Sirloin, Separable Lean Only, Raw | Roast | 100.0% |
| Veal, Variety Meats And By-Products, Brain, Cooked, Braised | Veal, Variety Meats And By-Products, Brain, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Heart, Cooked, Braised | Veal, Variety Meats And By-Products, Heart, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Kidneys, Cooked, Braised | Veal, Variety Meats And By-Products, Kidneys, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Liver, Cooked, Braised | Veal, Variety Meats And By-Products, Liver, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Lungs, Cooked, Braised | Veal, Variety Meats And By-Products, Lungs, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Pancreas, Cooked, Braised | Veal, Variety Meats And By-Products, Pancreas, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Spleen, Cooked, Braised | Veal, Variety Meats And By-Products, Spleen, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Thymus, Cooked, Braised | Veal, Variety Meats And By-Products, Thymus, Raw | Braise | 100.0% |
| Veal, Variety Meats And By-Products, Tongue, Cooked, Braised | Veal, Variety Meats And By-Products, Tongue, Raw | Braise | 100.0% |
| Waxgourd, (Chinese Preserving Melon), Cooked, Boiled, Drained, Without Salt | Waxgourd, (Chinese Preserving Melon), Raw | Boil | 100.0% |
| Winged Beans, Immature Seeds, Cooked, Boiled, Drained, Without Salt | Winged Beans, Immature Seeds, Raw | Boil | 100.0% |
| Winged Beans, Mature Seeds, Cooked, Boiled, Without Salt | Winged Beans, Mature Seeds, Raw | Boil | 100.0% |

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| Yambean (Jicama), Cooked, Boiled, Drained, Without Salt | Yambean (Jicama), Raw | Boil | 100.0% |
| Yardlong Bean, Cooked, Boiled, Drained, Without Salt | Yardlong Bean, Raw | Boil | 100.0% |
| Yardlong Beans, Mature Seeds, Cooked, Boiled, Without Salt | Yardlong Beans, Mature Seeds, Raw | Boil | 100.0% |